



11 Tors Challenge Walk 2018

Saturday 15th September 2018 - Princetown, Dartmoor



REGISTRATION FORM

I wish to enter a team into the DSRT (Tavistock) 11 Tors Challenge Walk 2018. The person responsible for the entries will be:

Team Leader Name:	
Team Name:	
Mobile No on Walk:	
Email:	

Route Choice: 11 Tors Challenge (11 miles) Family Challenge (5 miles)

Please give the ages of any under 18s in your team, marking adults with an A:

	Participants Names	Age
No 2		
No 3		
No 4		
No 5		
No 6		

For more participants, use back of sheet.

ENTRY

Participants are asked to form teams. Each team participant is requested to donate **£11 each** for the walk (**£4 each** for children). At the end of the Challenge each team participant will receive a commemorative medal. Sponsorship forms are included for those who want to fundraise for the Dartmoor Search & Rescue Team (Tavistock) or for your own charity.

I enclose £

Signed:

Date:

Please pay in advance either online at www.dsrt-tavistock.org.uk/events or by cheque payable to DSRT Tavistock. Registration forms can be posted with cheques and sent to: DSRT (Tavistock) Treasurer, The Rescue Centre, Abbey Rise, Whitchurch Road, Tavistock, Devon PL19 9BB. Closing date for postal entries is **31st August 2018**.

Confirmation of your entry will be sent by email, together with details of the walk. Any queries, please email treasurer@dsrt-tavistock.org.uk.



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WALK DETAILS

The 11 Tors Challenge Walk takes place on Saturday 15th September 2018. The Start Point is at the DSRT (Tavistock) red gazebo next to the High Moorland Visitor Centre, Grid Ref SX 59019 73498 (PL20 6QF). Parking is available at Princetown (some parking fees apply), as are toilet facilities.

WALKING ROUTES

11 Tors Challenge Walk (starts between 09:15 and 09:45 am)

This is the main route that covers around 11 miles and takes in the following tors: North Hessary Tor, Rundlestone Tor, Great Mis Tor, Little Mis Tor, Foggintor, King's Tor, Ingra Tor, Leeden Tor, Black Tor, Hart Tor and South Hessary Tor.

Family Challenge Walk (starts between 10:15 and 10:45 am)

This route is around 5 miles and takes in North Hessary Tor, Rundlestone Tor, Foggintor and returning to Princetown via the disused railway track.

CHECKPOINTS

All the checkpoints will be manned with DSRT (Tavistock) Personnel who will be in radio contact with the Command Post in Princetown. Other DSRT (Tavistock) personnel and marshalls will be on hand at road crossings and the only water crossing to ensure safety.

TIMINGS

The 11 Tors Challenge walk will commence at staggered times between **09:15 and 09:45am** on Saturday 15th September 2018. Teams arriving later than 09:45 am will not be permitted to start the walk. They may be offered the chance to undertake the shorter "Family Challenge Walk" which starts between **10:15 am and 10:45am**.

There will be a **cut-off time at King's Tor of 14:30 hours**, when walkers will be asked to return to Princetown along the disused railway track. There will be a DSRT (Tavistock) Sweep Team at the back.

ON THE DAY

Check-in at the Start Point in Princetown where, as Team Leader, you will be given your Route Card and asked to sign a declaration that you have read the terms and conditions of the walk. **Your team cannot start the walk until you have been checked in and your Route Card signed.**

The route mostly uses visible paths and tracks. Follow your route card to the next checkpoint and, for your own safety, your route card **MUST** be signed before moving on to the next checkpoint. If any of your team need to pull out, contact a member of DSRT (Tavistock) personnel at the nearest checkpoint. **DO NOT LEAVE THE WALK WITHOUT TELLING DSRT (Tavistock).**

At the end of the walk, return to the red gazebo where you started from to get your Route Card signed off. You will then be given wristbands for those who have finished. Thank you for your support.



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TERMS & CONDITIONS OF WALK

The 11 Tors Challenge Walk takes place on Saturday 15th September 2018. Walkers must have a reasonable level of fitness. Those with serious heart conditions or asthma are advised not to undertake the route - the "Family Challenge Walk" may be more suitable. If you are unsure of your ability to complete the walk, please consult your GP.

KIT LIST

Each participant is obliged to wear &/or carry appropriate clothing and equipment for a walk in the open moor in September, bearing in mind possible weather and terrain conditions. Please refer to the attached kit list.

SKILLS

At least one member of each team should be able to use a map and compass competently. Plan your route and walk at a pace to suit everyone in your team. Stay together as a team throughout the event, and keep an eye on the weather.

YOUR RESPONSIBILITIES

- Please ensure your team has the correct kit list and skills required.
- Please ensure that all your team members are fit enough to undertake your chosen walk length.
- Please ensure any team member's dogs remain under control at all times - Dartmoor National Park regulations apply.
- Please observe the Country Code whilst on the walk.
- Please ensure no litter is left behind by your team.

Stay together as a team. If there is a reason to stop and not continue, either call the Event Manager's number (07375 355985), or let DSRT Personnel know at a checkpoint. Call 999 if it is a medical emergency. Family Groups are responsible for the behaviour and welfare of their children.

Your safety is our highest priority, but you hereby acknowledge that the 11 Tor Challenge Walk involves trekking over rough open moorland where there are inherent risks. By participating in the Walk, you are accepting your share of responsibility in maintaining the safety and wellbeing of yourself and your team members.

When you receive your Route Card at the start of the walk, you will be asked to sign a declaration that you have read and understand your responsibilities.



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KIT LIST

Each participant is obliged to wear &/or carry appropriate clothing and equipment for a walk in the open moor in September, bearing in mind possible weather and terrain conditions. As Team Leader you are obliged to ensure that each of your team members has:

- *suitable clothing (no jeans) for heat, rain, cold*
- *walking boots*
- *waterproofs (jacket and trousers)*
- *warm hat and gloves*
- *sun hat*
- *food for lunch and snacks*
- *fluids (up to 2 litres each for a hot day)*

Recommended:

- *1:25,000 map and compass*
- *sun cream*

Each Team should carry:

- *at least one map of Dartmoor and compass*
- *basic first aid kit for minor medical needs*
- *torch*
- *sun cream.*



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T-SHIRT ORDER

We will be ordering event t-shirts at a cost of £11 each. If you would like to order t-shirts, please indicate how many and which sizes below.

Team Leader Name:	
Team Name:	
Email:	

SIZE	QUANTITY	TOTAL
XS		
S		
M		
L		
XL		
		£

T-shirts can be picked up at the start/end of the Challenge or beforehand from the Rescue Centre in Tavistock. Opening times for t-shirt pick-up will be posted on the DSRT Tavistock facebook page.

I enclose £

Signed:

Date:

Please pay in advance by cheque payable to DSRT Tavistock. T-shirt order forms can be posted with cheques and sent to: DSRT (Tavistock) Treasurer, The Rescue Centre, Abbey Rise, Whitchurch Road, Tavistock, Devon PL19 9BB. Closing date for t-shirt orders is **31st August 2018**.

Confirmation of your t-shirt order will be sent by email. Any queries, please email treasurer@dsrt-tavistock.org.uk.

SPONSORSHIP FORM



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The 11 Tors Challenge Walk is an 11 mile trek over Dartmoor covering 11 tors, organised by **Dartmoor Search & Rescue Team (Tavistock)**. I am doing this Challenge Walk to help raise money for:

GIFT AID

DSRT Tavistock can claim 25% back from the government on every sponsorship donation, without it costing you a penny extra. Please tick if you would like us to Gift Aid your donation. Please make sure we can read your full name, home address and postcode. Please be aware that you must have paid an amount of income and/or capital gains tax at least equal to the amount of tax reclaimed by all charities and Community Amateur Sports Clubs on all your donations in the tax year (6th April one year to 5th April the next). We can currently receive an extra 25p for every £1 you donate. Thank you.

If you are raising sponsorship money for raised for Dartmoor Search & Rescue Tavistock, sponsorship forms and money should be sent to DSRT (Tavistock) Treasurer, The Rescue Centre, Abbey Rise, Whitchurch Road, Tavistock, Devon PL19 9BB. Money raised for other charities should be sent directly to them.

NAME	ADDRESS & POSTCODE	AMOUNT £	GIFT AID	PAID

